



## Connections: 55 Plus (Multicultural Social and Wellbeing Seniors Group)

A new unique and fun Seniors Group in Calwell



**Activities:** Morning Tea, Exercise, Board Games, Community Talk sessions, Discussion, Celebration and lunch  
**Cost:** \$3.00



**Date:** 1<sup>st</sup> & 3<sup>rd</sup> Monday of each month (from 3th Feb)

**Venue:** 33 Were Street, Calwell (Southgate Christian Community)

**Time:** 10:30am to 1:00pm

**Contact:** call 0422 737 751 or email to [info@sawsfriendship.org.au](mailto:info@sawsfriendship.org.au)  
for more information